Immanuel Journaling

Edna De La Cruz

Luke 4:18 Ministries

Heal · Restore · Transform

Scriptures: Exodus 3:7-8

- **Process**

  – Pause and be still – Praise / Gratitude:

Know God's character:

Compassionate – Matthew 9:36, **Servant** - Mark 10:45

Loving - John 3:16, **Forgiving** - 1 John 4:10

Committed - Psalm 37:5, **Prayerful** - Romans 8:26

Gentle - Matthew 11:29, **Patient** - 2 Peter 3:9

– Let peace settle within you:

Immanuel Journaling

Resources:

- Joyful Journey By John Loppnow & E James Wilder
- Anna Kang, Sunshim Loppnow
  www.lifemodelworks.org
- Wilder Chats: Immanuel Journaling w/ Michael Sullivan, Rev. Kitty Wilder / YouTube.