

6. Unforgiven Sin

Unrepented sin and unforgiveness can hinder healing. Even hidden shame can block receptivity. (Key problem: unforgiveness)

7. Impure & Prideful Vessel

Pride resists God’s grace, and impurity grieves the Spirit. Poor lifestyle choices can weaken health and spiritual authority.

8. Unbelief & Doubt

Unbelief and doubt in the heart undermines faith for health and healing.

C – Spiritual Resistance (External Opposition)

9. Demonic Obstruction

The enemy works to create resistance to healing through negative atmosphere, lies, and pressure to quit. Trauma itself isn’t necessarily demonic, but demons can exploit unhealed trauma.

10. Demonic Oppression

Demonic oppression, either directly (affliction) or indirectly (addictions, fear, trauma) can block healing until addressed.

D – Doing it God’s Way (Operational)

11. Our Way, Not God’s Way

Pride and self-reliance cause us to miss a better solution and neglect seeking God’s help first.

12. Not Spirit-led Faith

Relying on a healing formula does not properly convey Christ’s compassion and intimacy.

Keys to Removing Barriers

- 1. Know & Trust God
- 2. Keep a Clean Heart
- 3. Spiritual Warfare
- 4. Follow God
- 5. Live in Wholeness
